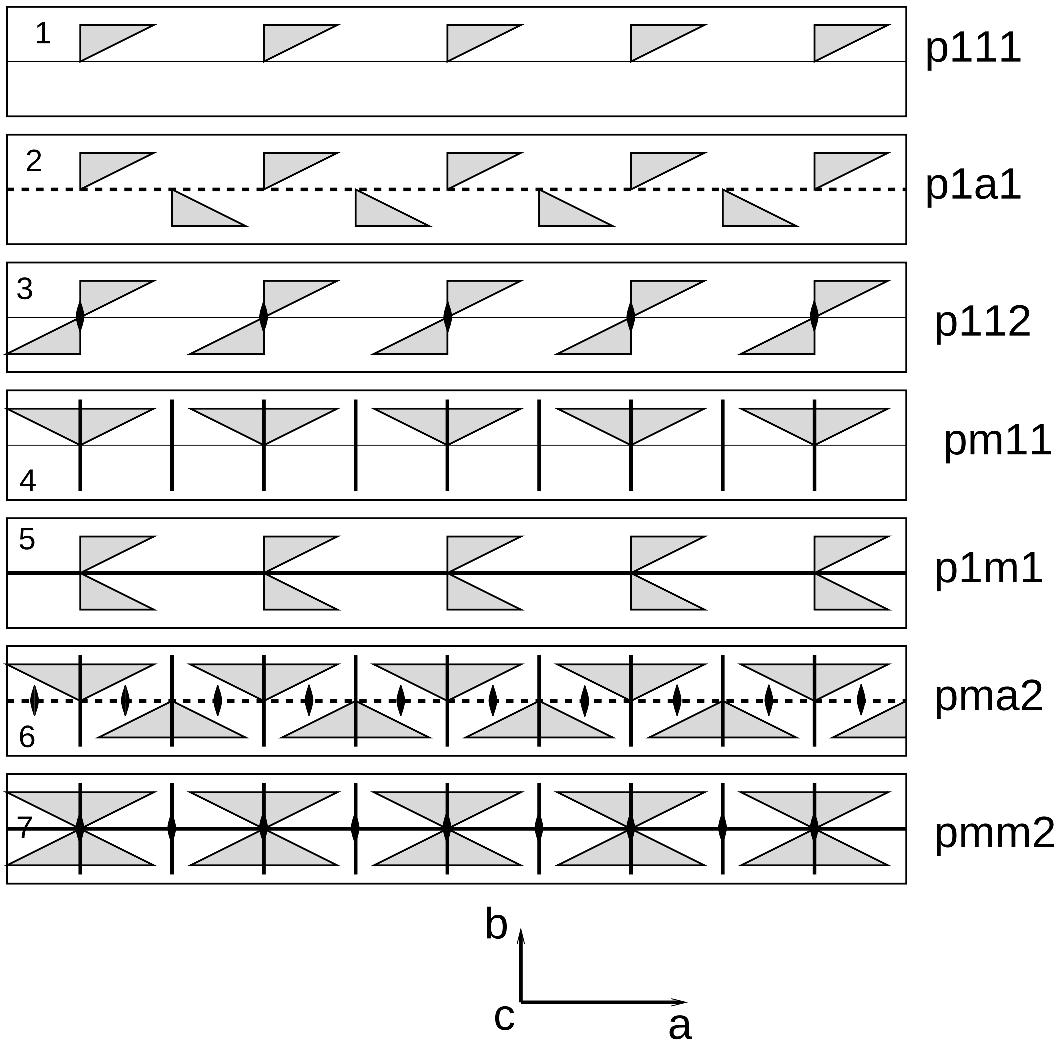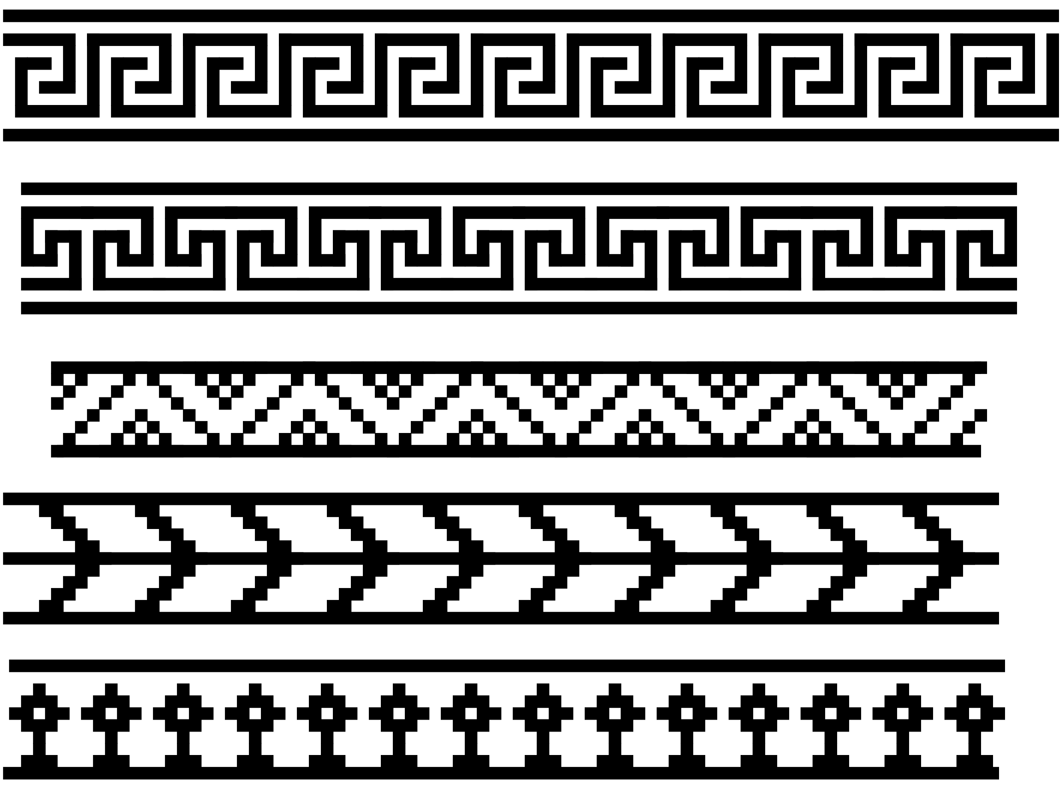**Die Gruppen einseitiger Bänder**