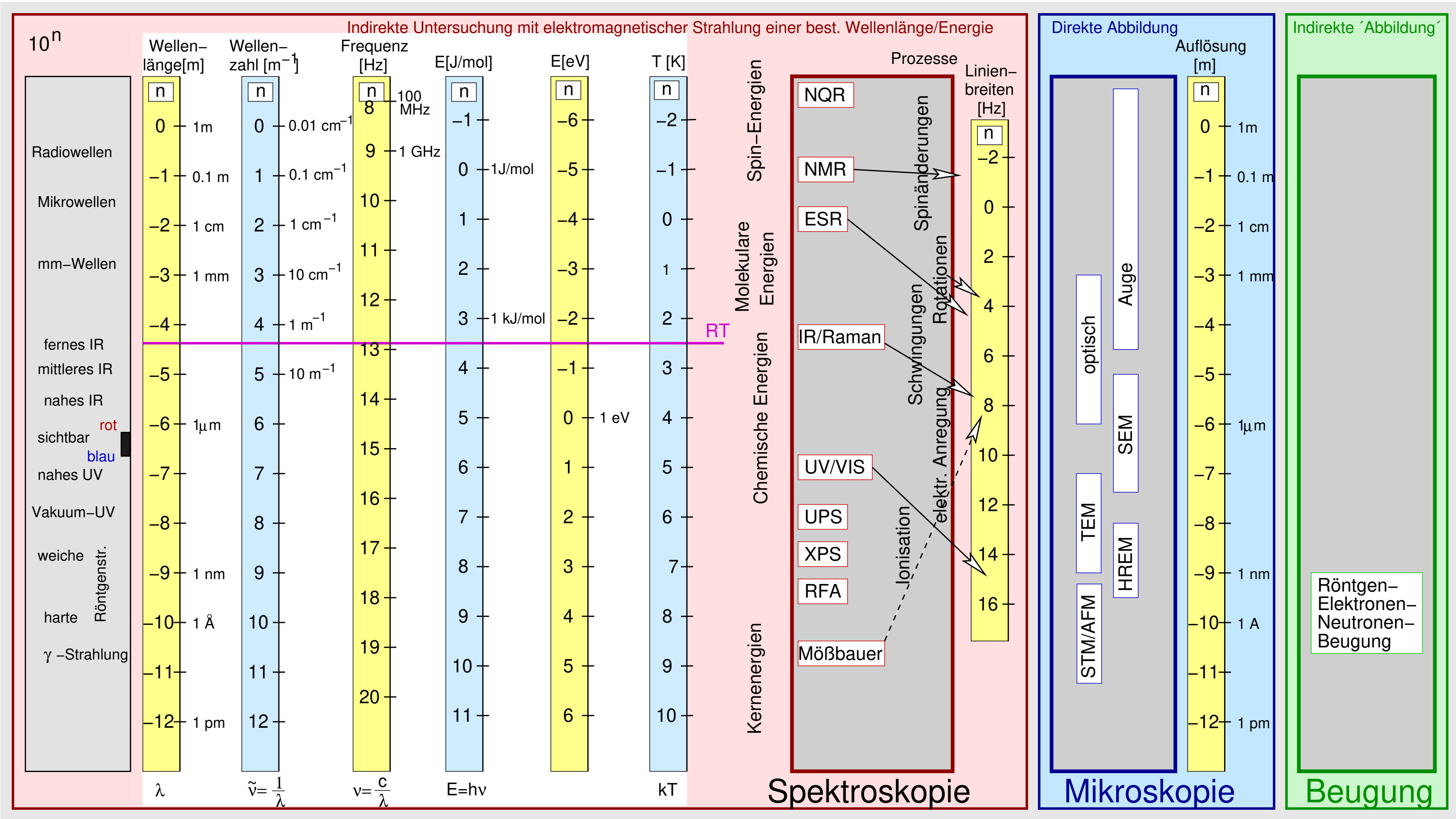Übersicht Methoden (nach Energien)